

**WINTER
2019**

AQUATIC SCHEDULE

(2-3) = # OF LANES

LAP SWIM*FAMILY SWIM*NOVICE SWIM*MASTERS SWIM*

TIME:	MON.	TUES.	WED.	THURS.	FRI.	SAT.	SUN.
6:00AM-8:45AM	LAP	LAP	LAP	LAP	LAP	7AM LAP (4) MASTERS (4)	7AM LAP
8:50AM-9:50AM	LAP (4) AQUA (4) 8:50AM-9:50AM	LAP	LAP (4) AQUA (4) 8:50AM-9:50AM	LAP	LAP (4) AQUA (4) 8:50AM-9:50AM	LAP (4) AQUA (4) 8:50AM-9:50AM	LAP
10:10AM-11:10AM	LAP (4) AQUA (4) 10:10AM-11:10AM	LAP (4) AQUA (4) 10:10AM-11:10AM	LAP (4) AQUA (4) 10:10AM-11:10AM	LAP (4) AQUA (4) 10:10AM-11:10AM	LAP (4) AQUA (4) 10:10AM-11:10AM	LAP (4) AQUA (4) 10:10AM-11:10AM	LAP (4) AQUA (4) 9:30AM-10:30AM
11:15AM-12:55PM	LAP	LAP	LAP	LAP	LAP	LAP (4) FAMILY SWIM (4-5) 12NOON-5:45PM	LAP (3-4) FAMILY SWIM (4-5) 12NOON-5:30PM
1:00PM-3:25PM	LAP FAMILY SWIM (2-3)	LAP FAMILY SWIM (2-3)	LAP FAMILY SWIM (2-3)	LAP FAMILY SWIM (2-3)	LAP FAMILY SWIM (2-3)	LAP (3-4) FAMILY SWIM (4-5) 12NOON-5:45PM	
3:30PM-3:55PM	LAP (2) FAMILY SWIM (3) TEAM (3) 3:30PM-6:30PM	LAP (2) FAMILY SWIM (3) TEAM (3) 3:30PM-6:30PM	LAP (2) FAMILY SWIM (3) TEAM (3) 3:30PM-6:30PM	LAP (2) FAMILY SWIM (3) TEAM (3) 3:30PM-6:30PM	LAP (4-5) FAMILY SWIM (3-4)	REMINDERS: DURING BUSY LAP SWIM TIMES 3 SWIMMERS TO A LANE MUST SHARE THE LANE AND CIRCLE SWIM. **PLEASE POLITELY ANNOUNCE YOURSELF & WORK WITH THE SWIMMERS IN THE LANE TO CIRCLE SWIM. ALL SWIMMERS MUST SWIM ON THE RIGHT HAND SIDE IN A CIRCLE PATTERN.	
4:00PM-5:25PM	LAP (2) FAMILY SWIM (3) TEAM (3) 3:30PM-6:30PM	LAP (2) FAMILY SWIM (3) TEAM (3) 3:30PM-6:30PM	LAP (2) FAMILY SWIM (3) TEAM (3) 3:30PM-6:30PM	LAP (2) FAMILY SWIM (3) TEAM (3) 3:30PM-6:30PM	LAP (4-5) FAMILY SWIM (3-4)		
5:30PM-6:30PM	LAP (4) TEAM (3) 3:30PM-6:30PM	LAP (2) AQUA (3) 5:30PM-6:30PM TEAM (3) 3:30PM-6:30PM	LAP (4) TEAM (3) 3:30PM-6:30PM	LAP (2) AQUA (3) 5:30PM-6:30PM TEAM (3) 3:30PM-6:30PM	LAP (4-5) FAMILY SWIM (3-4)		
6:35PM-7:45PM	LAP	LAP (4) MASTERS (4) 6:30PM-7:45PM	LAP (4) SPECIAL OLYMPICS 2/20-5/29 (4) 6:30PM-7:30PM	LAP (4) MASTERS (4) 6:30PM-7:45PM	LAP (4-5) FAMILY SWIM (3-4)		
7:50PM-8:30PM	LAP (4-5) FAMILY SWIM (3-4)	LAP (4-5) FAMILY SWIM (3-4)	LAP (4-5) FAMILY SWIM (3-4)	LAP (4-5) FAMILY SWIM (3-4)	LAP (4-5) FAMILY SWIM (3-4)		

2019 ADDITIONAL PROGRAM INFORMATION:

SPECIAL OLYMPICS	AMERICAN RED CROSS	SWIM TEAM TRYOUTS
WEDNESDAY NIGHTS	SPRING BREAK	4/15-4/18
FEB. 20TH-MAY 29TH	LIFEGUARD CLASS	FROM 3:30PM-6:30PM
FROM 6:30PM-7:30PM	APRIL 15TH-19TH	*NO WORKOUTS
LANES 1-4 LAKESIDE	FROM 8AM-6PM	LANES 1-2 LAKESIDE

2019 SPRING SWIM LESSONS START MONDAY 4/22

ALL SWIMMERS

**EXTENSIVE BREATHING/TRAINING IS PROHIBITED IN THIS AQUATIC FACILITY.
THERE IS A 2 BREATH MINIMUM PER 25 YARDS/1 LENGTH OF THE POOL.**